

Article

A Label-Free Electrical Impedance Spectroscopy for Detection of Clusters of Extracellular Vesicles Based on Their Unique Dielectric Properties

Yuqian Zhang ^{1,2}, Kazutoshi Murakami ³, Vishnupriya J. Borra ³, Mehmet Ozgun Ozen ^{4,5}, Utkan Demirci ^{4,5}, Takahisa Nakamura ^{3,6,7} and Leyla Esfandiari ^{8,9,10,*}

¹ Department of Surgery, Division of Surgical Research, Mayo Clinic, Rochester, MN 55905, USA; zhang.yuqian@mayo.edu

² Microbiome Program, Center for Individualized Medicine, Mayo Clinic, Rochester, MN 55905, USA

³ Division of Endocrinology, Cincinnati Children's Hospital Medical Center, Cincinnati, OH 45229, USA; kazumurakami@okayama-u.ac.jp (K.M.); vishnupriya.borra@cchmc.org (V.J.B.); takahisa.nakamura@cchmc.org (T.N.)

⁴ Canary Center at Stanford for Cancer Early Detection, Department of Radiology, Stanford School of Medicine, Stanford University, Palo Alto, CA 94305, USA; mehmeto@stanford.edu (M.O.O.); utkan@stanford.edu (U.D.)

⁵ Bio-Acoustic MEMS in Medicine (BAMM) Laboratory, Department of Radiology, School of Medicine, Stanford University, Palo Alto, CA 94304-5427, USA

⁶ Department of Pediatrics, College of Medicine, University of Cincinnati, Cincinnati, OH 45221, USA

⁷ Department of Metabolic Bioregulation, Institute of Development, Aging and Cancer, Tohoku University, Miyagi 980-8577, Japan

⁸ Department of Biomedical Engineering, College of Engineering and Applied Sciences, University of Cincinnati, Cincinnati, OH 45221, USA

⁹ Department of Electrical Engineering and Computer Science, College of Engineering and Applied Sciences, University of Cincinnati, Cincinnati, OH 45221, USA

¹⁰ Department of Environmental and Public Health Sciences, University of Cincinnati, Cincinnati, OH 45221, USA

* Correspondence: esfandla@ucmail.uc.edu

Citation: Zhang, Y.; Murakami, K.; Borra, V.J.; Ozen, M.O.; Demirci, U.; Nakamura, T.; Esfandiari, L. A

Label-Free Electrical Impedance Spectroscopy for Detection of Clusters of Extracellular Vesicles Based on Their Unique Dielectric Properties. *Biosensors* **2022**, *12*, 104. <https://doi.org/10.3390/bios12020104>

Received: 3 January 2022

Accepted: 5 February 2022

Published: 9 February 2022

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).

Abstract: Extracellular vesicles (EVs) have gained considerable attention as vital circulating biomarkers since their structure and composition resemble the originating cells. The investigation of EVs' biochemical and biophysical properties is of great importance to map them to their parental cells and to better understand their functionalities. In this study, a novel frequency-dependent impedance measurement system has been developed to characterize EVs based on their unique dielectric properties. The system is composed of an insulator-based dielectrophoretic (iDEP) device to entrap and immobilize a cluster of vesicles followed by utilizing electrical impedance spectroscopy (EIS) to measure their impedance at a wide frequency spectrum, aiming to analyze both their membrane and cytosolic charge-dependent contents. The EIS was initially utilized to detect nano-size vesicles with different biochemical compositions, including liposomes synthesized with different lipid compositions, as well as EVs and lipoproteins with similar biophysical properties but dissimilar biochemical properties. Moreover, EVs derived from the same parental cells but treated with different culture conditions were characterized to investigate the correlation of impedance changes with biochemical properties and functionality in terms of pro-inflammatory responses. The system also showed the ability to discriminate between EVs derived from different cellular origins as well as among size-sorted EVs harbored from the same cellular origin. This proof-of-concept approach is the first step towards utilizing EIS as a label-free, non-invasive, and rapid sensor for detection and characterization of pathogenic EVs and other nanovesicles in the future.

Keywords: extracellular vesicles (EVs); exosome; dielectric properties; electrical impedance spectroscopy (EIS); insulator-based dielectrophoretic (iDEP); biosensor

1. Introduction

Extracellular vesicles (EVs), including exosomes (40–150 nm) and microvesicles are released from many cell types into extracellular spaces and are circulated in almost all biofluids, including blood, urine, breast milk, cerebral fluids, and saliva [1]. They are taken up by neighboring or distant cells and subsequently modulate functions of the recipient cells. EVs are composed of a lipid bilayer membrane containing unique receptors and tetraspanin surface markers. They also encapsulate exclusive cargos in their lumen, including proteins, lipids, and nucleic acids [2]. The unique composition of EVs reflects their parental cells with both physiological and pathological relevance [3]. Thus, detection and characterization of EV surface markers and cargos offers great opportunity for early diagnosis and monitoring the prognosis of several diseases, including cancer, cardiovascular disease, and degenerative disorders [4]. The state-of-the-art technologies are mainly based on EVs' biophysical characterization, including their size distribution, density, and morphology, and can be listed as transmission electron microscopy (TEM) [5], nanoparticle tracking analysis (NTA) [6], and density gradient separation [7]. However, these techniques are either low throughput and time-consuming to operate or do not provide information with regards to EV's biochemical properties, cellular origins, and functionality. Thus, in recent years, flow cytometry has been adopted as a high-throughput method for characterization of EVs based on their biochemical properties by labeling their specific protein markers, membrane lipids, or nucleic acids [8]. Although flow cytometry has shown promising attributes, it is a label-based technique which relies on the specificity of antibodies to the targeted receptors. More importantly, flow cytometry lacks accuracy for characterization of EVs with a smaller size distribution, since the scatter sensitivity of current technologies is limited to EVs larger than ~100 nm [9]. Other analytical methods, such as western blot, mass-spectrometry (MS), microarray technology, and RNA sequencing, are applied to study the abundance of EVs' proteins, lipids, and nucleic acids [10]. Although these techniques are highly sensitive for EVs' biochemical profiling, they require lysis or labeling steps prior to screening, which not only add time and cost to the procedure, but also break the structure of the vesicles. Considering the therapeutic potential of EVs, it is important to maintain EVs' intact structure and native composition.

Electrical impedance spectroscopy (EIS) is a label-free and non-invasive technology that has been developed for measuring the impedance of cells under an alternating current (AC) over a wide range of frequencies, aiming to characterize their dielectric properties which resemble their unique membrane and cytosolic compositions [11–13]. This technique has been widely utilized to differentiate stem cells [14,15] and cancerous cells [16,17]. In the majority of EIS techniques, a single cell is initially trapped at a fixed position, followed by impedance measurement of the cell at a selected frequency range [18]. The variation of the impedance signal provides information on cells' morphological and electrophysiological changes which are related to the cells' intrinsic dielectric properties. Microfluidic flow cytometry (MFC) is another impedance-based cellular analysis, in which a single cell dynamically flows through a channel with embedded micro-electrodes. The impedance of a cell at a wide frequency spectrum is collected for the analysis of its properties, including size, membrane capacitance, and cytoplasmic conductance [19,20]. However, the application of EIS tools for detection of EVs with heterogeneous and nanoscale-size distributions has not been explored.

In this proof-of-concept study, we have adopted EIS to detect a cluster of EVs harvested from different cellular origins and investigated the correlation between their impedance responses and their intrinsic dielectric properties, including their unique membrane and cytosolic characteristics. Although in principle a single vesicle detection would provide important information with regards to its biochemical composition, similar to a single cell analysis by EIS, it would be extremely challenging to develop a high throughput device to cover the heterogeneous size distribution of exosomes (40–150 nm) with high resolution [21,22]. Thus, in this initial study, we focus on the detection and characterization of clusters of EVs collected from different parental cells or culture conditions in

a high throughput manner. In this system, EVs were first immobilized by an iDEP device developed by our team [23,24], followed by sweeping of an AC field at 100 mV_{rms} from 0.5 MHz to 50 MHz for impedance measurements by an integrated EIS, as illustrated in Figure 1a. We initially detected liposomes and carboxylic acid polystyrene (COOH-PS) beads of similar size with known dielectric properties and followed this with the construction of an equivalent circuit model for theoretical validation. The system has further been utilized to characterize different EVs with different membrane properties as well as to treat them with different stimuli in culture (Figure 1bi) to obtain the impedance responses to variation in their membrane and cytosolic dielectrics at a wide range of frequencies. Moreover, we utilized the system to differentiate EVs from lipoproteins and detect EVs derived from different cellular origins (Figure 1bii) and EVs secreted from the same cellular origin but with different size ranges (Figure 1biii). Overall, this approach established a rapid and label-free detection scheme for characterization of EVs with different biochemical compositions and potentially functionality, laying a foundation to leverage EVs as circulating biomarkers for disease diagnosis and prognosis or as personalized therapeutic cargos.

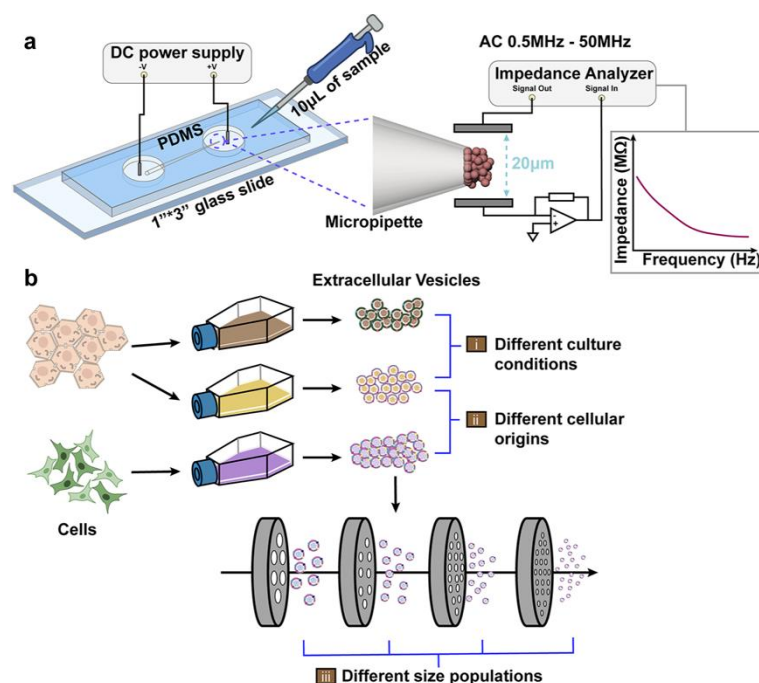


Figure 1. (a) Schematic of an integrated iDEP and EIS system. The setup was composed of a borosilicate micropipette placed in between two PDMS chambers. DC bias was applied to trap vesicles at the pipette’s tip by electrokinetic forces, followed by measuring of the impedance of the collected vesicles, utilizing the sensing electrodes, at a wide frequency spectrum (0.5 MHz to 50 MHz). (b) Detection of EVs harvested from: (i) cells under different culture conditions, (ii) different cellular origins, and (iii) populations of different sizes.

2. Materials and Methods

2.1. Materials

All chemicals were purchased from Sigma-Aldrich (St. Louis, MO, USA) unless otherwise noted. Silicone elastomer base and curing agents were purchased from Dow Corning (Elizabethtown, KY, USA). Platinum electrodes were purchased from Alfa Aesar (Haverhill, MA, USA). Phosphate-buffered saline (PBS) was purchased from Roche Diagnostics (Indianapolis, IN, USA). Borosilicate pipettes with filament (O.D. 1 mm; I.D. 0.78 mm; length 7.5 cm) were obtained from Sutter Instrument (Novato, CA, USA). One-hundred nanometer liposomes (phospholipid DOPC and cholesterol) were purchased from FormuMax Scientific, Inc. (Sunnyvale, CA, USA). One-hundred nanometer COOH-PS beads were obtained from Bangs Laboratories, Inc. (Fisher, IN, USA). EVs derived from

A549 non-small cell lung cancer (NSCLC) were purchased from ATCC (Manassas, VA, USA). Dulbecco's Modified Eagle Medium (DMEM), Antibiotic-Antimycotic (Anti-Anti), and Exosome-depleted Fetal Bovine Serum were purchased from Thermo Fisher Scientific (Waltham, MA, USA). Fetal Bovine Serum (regular) was purchased from Hyclone Laboratories, Inc. (Logan, UT, USA). MagCapture Exosome Isolation Kit PS was purchased from FUJIFILM Wako Pure Chemical Corp. (Richmond, VA, USA). *N,N'*-Bis [4-(4,5-dihydro-1H-imidazol-2-yl)phenyl]-3,3'-*p*-phenylene-bis-acrylamide dihydrochloride (GW4869) was obtained from Cayman CHEMICAL (Ann Arbor, MI, USA). Cell lines, including Huh-7 hepatoblastoma cells, non-small cell lung cancer cells (A549), and breast cancer cells (MDA-MB-231), were purchased from ATCC (Manassas, VA, USA). Materials to build the size-based exosome isolation platform (ExoTIC [25]) were obtained from McMaster-Carr (Los Angeles, CA, USA), Cytiva (Marlborough, MA, USA), and Sterlitech (Kent, WA, USA). Culture media for HUVEC cells were obtained from PromoCell GmbH (Heidelberg, Germany).

2.2. Preparation of nanovesicles

The detailed procedures for synthesizing 100 nm liposomes with different lipid membrane compositions, preparation of EVs from mouse hepatocytes with embedded green fluorescent protein, EVs from human hepatocellular carcinoma (HuH-7), and EVs from HUVEC and MDA-MB-231 cell lines are presented in the Supplementary Materials under Methods.

2.3. Device assembly and electrical impedance measurements

The device consists of two modules: a micropipette-based dielectrophoretic device for entrapment of the vesicles and a digital impedance analyzer setup for in situ impedance measurements of the trapped vesicles (Figure S5). The fabrication procedure of the micropipette-based dielectrophoretic device has been previously reported by our group [23,24,26]. After assembling the device, 10 μ L PBS solution and 10 μ L PBS solution containing the vesicles at concentration of 6.55×10^6 particles/ μ L were injected into chambers to immerse the base side and tip side of the pipette respectively. A set of platinum electrodes 0.51 mm in diameter was placed into the chambers for the application of 10 V/cm DC across the pipette for 5 min (Figure S5b). The entrapment of the particles was simultaneously observed and recorded using an inverted microscope (TE2000-S, Nikon Instruments, Melville, NY, USA) and a high-resolution camera (Andor NeoZyla 5.5, Oxford Instruments, Abingdon, UK) at a capture rate of 100 frames/second.

A digital impedance analyzer (HF2LI, Zurich Instruments, Zürich, Switzerland) was connected to the second set of platinum electrodes with 130 μ m diameter. The electrodes were precisely placed across the trapped particles 20 μ m apart via a multi-micromanipulator system (MPC-200, Sutter Instrument Company, Novato, CA, USA). The impedance of the trapped particles was measured as an AC field with a peak amplitude of 100 mV swept from 0.5 MHz to 50 MHz. Frequency-based logarithmic sweep mode was used to record the amplitude and phase of the impedance signal to generate the impedance spectrum (Figures S6 and S7). In order to obtain magnitude opacity values at frequencies of interest, we generated a polynomial curve fit of the measured impedance spectrum using the MATLAB function Polyfit. The magnitude opacity values were extracted based on the fitted polynomial function.

For statistical analysis, impedance measurements of each sample were repeated at least 15 times unless otherwise noted and the results were presented as average and standard deviation. Two-sample *t*-tests were performed to compare the two population means, where a *p*-value < 0.05 (**) was considered statistically significant [27].

3. Results and Discussion

Studies have shown that the impedance of cells under AC field exhibits variation as a function of frequency. Generally, at a low range of frequency (~kHz), cells are insulating and resisting the current flowing into their interior, and thus the impedance is dominated by the cell's volume. As the frequency increases (>1 MHz), the cell's membrane exhibits a capacitive response due to the polarization of the interface between their membrane and the surrounding medium; hence, the impedance is influenced by the membrane capacitance. At higher frequencies (>10 MHz), the electric field (E-field) can penetrate through the cell membrane and polarize the cytoplasm, and thus the impedance reflects the cytosolic conductance of the cell [12]. However, other studies have also shown different frequency responses for phospholipid vesicles with smaller diameters, which reflects their size and surface charge as well as the dielectric properties of their membranes and cytosol [12,28]. Here, we investigated the impedance of a cluster of EVs harvested from different parental cells or cells cultured in different culture conditions at a wide range of frequencies (0.5 MHz to 50 MHz) to detect EVs based on their unique dielectric properties.

3.1. Magnitude Opacity

The impedance signal was reported to be influenced by the concentration of entrapped particles [29]. This effect, to some extent, could be compensated by presenting the impedance signal as magnitude opacity, represented in Equation (1). Magnitude opacity $O(f)$ is defined as a ratio of the impedance at all frequencies $Z(f)$ to the impedance $Z(f_{reference})$ measured at a size-dependent reference frequency (0.5 MHz) [30]. This concept has been widely applied in cell cytometry to normalize the impedance signal with respect to a cell's size and its relative position to the electrodes [31,32]. Thus, the opacity, $O(f)$, a volume-independent parameter, would mostly reflect the impedance response of the EVs in terms of their dielectric properties.

$$O(f) = \frac{Z(f)}{Z(f_{reference})} \quad (1)$$

To verify that the magnitude opacity provides information about the dielectric properties of vesicles, cluster of liposomes at two different concentrations were analyzed. We have previously showed that our device is capable of trapping more vesicles in a form of clusters as the duration of applied E-field increased [24]. Thus, 100 nm liposomes were trapped by applying a 10 V/cm E-field for 2- and 5-min intervals. Microscopic images (Figure 2a) showed that a higher concentration of liposomes was collected after applying the voltage for 5 min (Figure 2a_{ii}) compared to a 2 min entrapment interval (Figure 2a_i). The number of trapped liposomes were quantified as 2.2×10^6 for 2 min and 5.4×10^6 for 5 min entrapment after releasing them into 10 μ L fresh PBS buffer, followed by nanoparticle tracking analysis (NTA) [23]. The impedances of two clusters were normalized to obtain the magnitude opacity and the results were compared with the impedance of the system without liposomes (before entrapment) (Figures 2b and S8). The results indicated no statistically significant difference ($P > 0.05$) between the two concentrations of entrapped liposomes, while they are significantly different from the impedance of the system without any liposomes. This experiment was repeated with COOH-PS beads and other particles of similar size distributions to validate the magnitude opacity analysis (data not shown). The overlapped magnitude opacity of liposomes at two intervals suggested that the opacity concept can be utilized to mainly analyze the dielectric properties of the vesicles despite their cluster size.

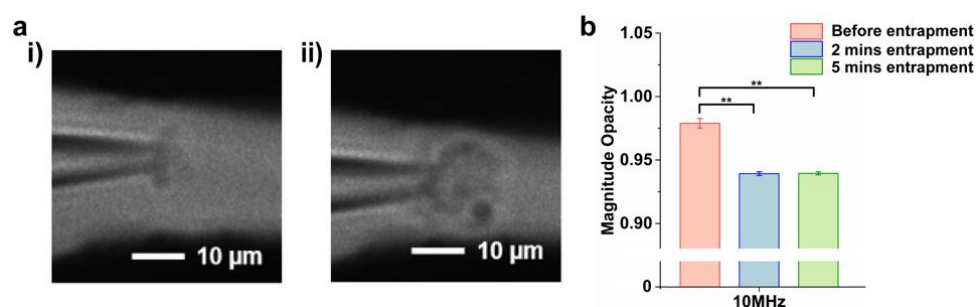


Figure 2. (a) Microscopic images of liposome entrapment for (i) 2 min, with the average number of trapped vesicles as 2.2×10^6 , and (ii) 5 min, with the average number of trapped vesicles as 5.4×10^6 . (b) The magnitude opacity comparison among empty pipette (before entrapment) and liposome clusters extracted at two different time intervals at 10 MHz. (** $P < 0.05$, $n = 3$.)

3.2. Detection of Nanoparticles with Known Dielectric Properties

To verify the concept of impedance spectroscopy for nano-size particles, liposomes with known dielectric properties were synthesized and measured and a mathematical model was constructed based on an equivalent circuit to support the empirical results (Figure S9). Two sets of 100 nm liposomes were synthesized with different membrane compositions as molar ratios of L- α -phosphatidylcholine (PC) and cholesterol (CH) were changed from 10-to-1 and 1-to-10 ratios, CH:PC_(1:10) and CH:PC_(10:1), shown in Figure 3a. The capacitance and resistance of the PC lipid bilayer were reported in the literature as $0.38 \mu\text{F}/\text{cm}^2$, $1.44 \times 10^4 \Omega \cdot \text{cm}^2$, and for the CH bilayer as $0.61 \mu\text{F}/\text{cm}^2$, $2.12 \times 10^6 \Omega \cdot \text{cm}^2$ by electrochemical impedance spectroscopy [33]. Similar sized COOH-PS beads were selected as reference particles on the basis of their relatively explicit dielectric properties.

The customized mathematical model was built for the cluster of liposomes and COOH-PS beads suspended in PBS buffer, which is described in detail in the Supplementary Materials. In brief, the impedance of the particles (Z_{mix}) was estimated by firstly extracting the particles' permittivity and conductivity based on the capacitance and resistance of the membrane and inner medium to obtain the complex permittivity $\tilde{\epsilon}_{\text{mix}}$, followed by estimating Z_{mix} using Maxwell's mixture equation [12]. The estimated Z_{mix} was implemented into the equivalent circuit to calculate the impedance of the system. The mathematical estimation of particles' impedance at a wide frequency range was presented as magnitude opacity spectrum. It is important to note that a quantitative comparison of magnitude opacity values between the empirical results and the values obtained from the mathematical model is not exact since the mathematical model has been simplified and the impedance could potentially be influenced by other factors, such as non-ideal characteristics of the measurement electronics [31,34]. Hence, we mainly focus on the comparison between the relative differences in particles' impedance obtained from empirical and mathematical results, rather than their exact values.

Figure 3b represents the magnitude opacity obtained by the mathematical model of liposomes with different compositions and COOH-PS beads. Due to enriched content of highly resistive cholesterol in liposomes with CH:PC_(10:1), higher opacity was obtained when compared to liposomes with CH:PC_(1:10) composition. COOH-PS beads have lower magnitude opacity than liposomes, as previously reported by our group, owing to their negatively charged carboxylic acid functional groups [29]. Figure 3c shows the empirical comparison of magnitude opacity for the same particles. A clear difference was also observed empirically for liposomes with different compositions, and the CH:PC_(10:1) liposome showed higher magnitude opacity when compared to the CH:PC_(1:10) liposomes, which was in agreement with the theoretical model (Figure 3b). These comparisons illustrate that the EIS has the sensitivity to distinguish between a cluster of nanovesicles based on the difference in their membrane compositions, which can be translated to their membrane capacitance and resistance under a wide range of frequencies (10–50 MHz)

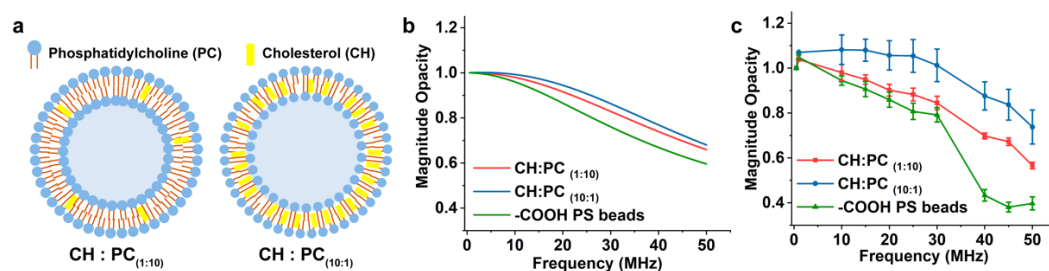


Figure 3. (a) Schematic representations of two types of liposomes with different membrane compositions (CH:PC_(1:10) and CH:PC_(10:1)). The relative magnitude opacity of liposomes and COOH-PS beads (the average size of all particles is 100 nm) utilizing (b) the mathematical model and (c) the experimental measurement. (n = 15.)

3.3. Detection of EVs with Different Membrane Compositions

To further test the sensitivity of the system in terms of membrane compositions, the EIS was utilized to measure the impedance of EVs that differ solely in their membrane compositions. To design the experiments, EVs derived from primary hepatocytes were engineered to have green fluorescent protein (GFP+) embedded in their membrane and were compared to the EVs harvested from wildtype hepatocytes lacking the GFP protein (GFP-) [35]. We postulate that the localization of GFP in the membranes of EVs would lead to the alteration of their dielectric properties, which would be detected by EIS. The magnitude opacity spectra of two EVs are shown in Figure 4a. Results showed detectable opacity when GFP- and GFP+ EVs at frequencies higher than 10 MHz (10–50 MHz) were compared, as illustrated in Figures 4b and S10. Although the differences between the opacities of EVs are relatively small here, we have observed consistent results with significant differences ($P < 0.05$) when various batches of EVs were measured (15 trials) at different time points. We believe the sensitivity of the system can be further improved by reducing the dimensions of sensing electrodes at fixed positions in an integrated device in future studies. The lower magnitude opacity of GFP+ EVs compared to the wild type (GFP-) could most likely be due to an increase in the membrane conductivity as a result of the incorporated charged green fluorescent proteins. Based on the constructed equivalent circuit model (Figure S9a,b), the addition of GFP+ in an EV membrane should reduce the resistance of the membrane, resulting in a lower magnitude opacity when compared to the wild type. In addition, the relative opacity of EVs with different membrane compositions is in agreement with the relative opacity spectrum obtained from liposomes with different lipid membrane contents, as described above, suggesting that the system could detect nanovesicles with different membrane compositions at an intermediate to high frequency range.

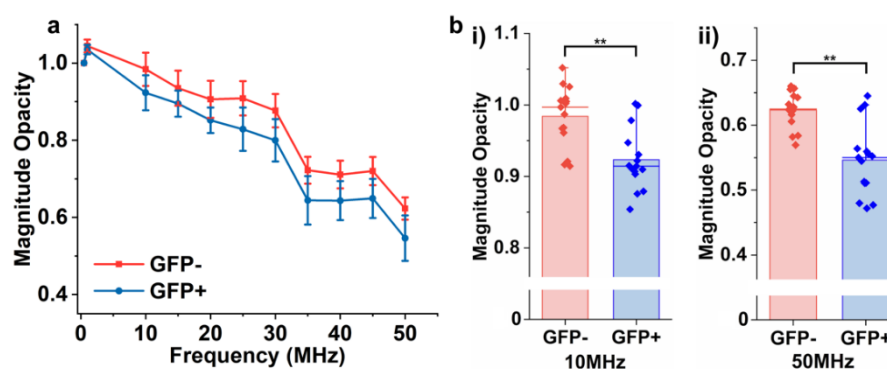


Figure 4. (a) The magnitude opacity spectrum of EVs derived from wildtype primary hepatocytes (GFP-) and GFP+ hepatocytes. (b) Significant differences in magnitude opacity were observed at 10MHz and higher frequencies up to 50 MHz. (** $P < 0.05$, n = 15.)

3.4. Detection of EVs Secreted from Cells Treated under Different Culture Conditions

EVs with diverse membrane and cytosolic compositions were selected by harvesting them from human hepatocellular carcinoma cell lines under different culture conditions (Figure 5a). Palmitate acid (PA) a pro-inflammatory fatty acid that can stimulate hepatocytes to generate pro-inflammatory EVs [36] was added to the culture media. PA was also reported to cause variations in EVs' lipidomic and miRNA expression profiles [37]. Sphingomyelin phosphodiesterase 3 (SMPD 3) specific inhibitor (GW4869) was reported as a neutral inhibitor of sphingomyelinase to attenuate the inflammatory effect in cells [38]. Cells were cultured under the mixture of PA and GW4869 and the harvested EVs were compared to EVs extracted from cells treated with PA. EVs collected from cells under no stimulus were selected as a control. The inflammatory response of EVs collected from these three conditions was examined by culturing EVs with mouse bone marrow-derived macrophages (BMDM) which were then analyzed for the cytokines interleukin 6 (IL-6) and tumor necrosis factor alpha (TNF- α) mRNA expression levels via quantitative polymerase chain reaction (q-PCR) (Figure 5b). Results showed significantly elevated expression levels of TNF- α and IL-6 mRNAs, reflecting the inflammatory responses of EVs derived from the PA-treated culture condition. GW4869 inhibited the inflammatory effect caused by PA, and thus EVs harvested from cells treated with the mixture of PA and GW4869 resulted in a reduction of mRNA expression levels of TNF- α and IL-6.

Given the potential variations in the biochemical properties of EVs harvested from cells under the pro-inflammatory stimulus, EV dielectric properties were studied by EIS (Figures 5c,d, and S11). Figure 5c illustrates the magnitude opacity spectrum of EVs at a wide range of frequencies (1–50 MHz). EVs harvested from cells treated with PA showed higher magnitude opacity from 1–15 MHz when compared to the control EVs harvested from cells treated with no PA or GW4869. This could potentially be due to the increase of ceramide lipids in the EVs' membrane composition under PA-tread condition [39]. Since the capacitance of the ceramide lipid bilayer is lower than the phosphatidylcholine bilayer [40], EVs containing a higher concentration of ceramide lipid will have a lower membrane capacitance, resulting in higher magnitude opacity when compared to the control EVs (red line). Additionally, the opacities of both EVs (PA) and EVs (PA + GW) showed sudden decreases at 15 MHz when compared to the control EVs which showed a more linear drop in opacity; this observation could potentially be the signature of EV membrane lipids and hence the membrane capacitance in the case of EVs (PA) and EVs (PA + GW). However, as frequency increased to 15 MHz, the opacity of EVs treated with PA + GW increased initially and showed similar characteristics to the control EVs at intervals of 15–50 MHz, while PA-treated EVs' opacities continued to drop linearly. This interesting observation could potentially illustrate the inhibitory effect of GW4869 on PA-treated cells and consequently on their secreted EVs, as the opacity spectrum of control EVs and EVs (PA + GW) showed similar patterns. In addition, from ~35MHz to 50MHz, the opacity of PA-treated EVs dropped at a faster rate when compared to the control EVs and EVs (PA + GW) with more plateaued opacities. This fast drop rate in opacity at the higher frequency range for PA-treated EVs could be associated with the changes in their cytosolic contents, hence the overexpression of RNA content in their lumen [41], which could lead to the reduction of cytosolic resistance and magnitude opacity when compared to the control EVs and EVs (PA + GW) [37].

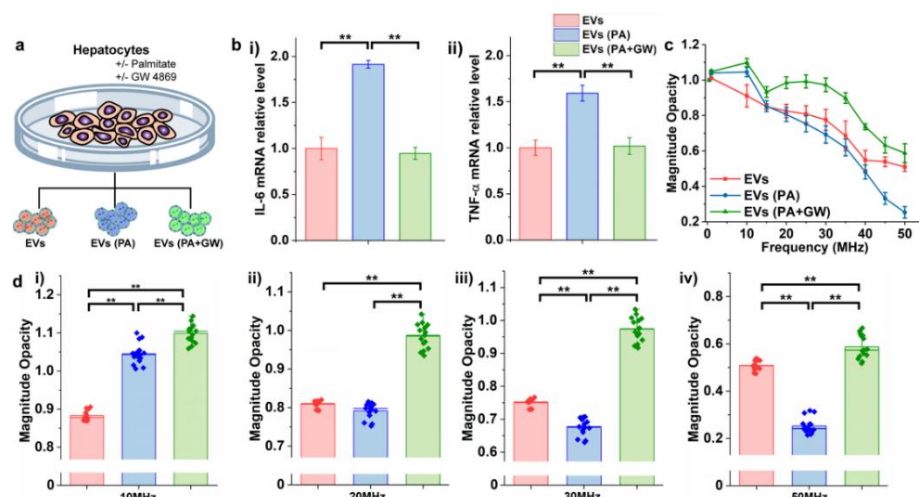


Figure 5. (a) Isolation of EVs from human hepatocellular carcinoma cell lines under normal culture medium, the PA-treated condition, and the mixture of PA- and GW4869-treated conditions. (b) Mouse bone marrow-derived macrophages (BMDMs) were cultured with EVs for mRNA expression analysis by the quantitative polymerase chain reaction of (i) IL-6 mRNA and (ii) TNF- α mRNA. (c) Magnitude opacity spectrum of EVs derived from human hepatocellular carcinoma cell lines under three culture conditions. (d) Box plots of magnitude opacity comparison of EVs at three culture conditions at 10–50 MHz. (** $P < 0.05$, $n = 15$.)

3.5. Differentiating EVs from Lipoproteins

We further utilized the EIS to discriminate EVs from lipoproteins which share similar properties in their biophysics but have different biochemical properties. Lipoproteins have single-layer phospholipids embedded with apolipoproteins and are in charge of the transportation of water-insoluble hydrophobic lipid molecules into extracellular fluids [42]. Although both lipoproteins and EVs have embedded proteins in their membrane structure, studies have shown that they have diverse lipid and membrane protein compositions [43], which could potentially lead to variations of their dielectric properties. In addition, lipoproteins encapsulate hydrophobic lipid molecules, including triglycerides (TGs) and cholesterol in their lumen, while EVs have high concentrations of charged proteins. The impedance of EVs derived from A549 NSCLC cells and very low-density (VLD) lipoproteins from human plasma was measured under a wide frequency spectrum (Figure 6a). The difference between their opacity became significant at frequencies above 10 MHz (10–50 MHz), which is illustrated in Figures 6b and S12. The opacity of EVs was lower than lipoproteins in all frequencies, which could be attributed to the higher concentration of overall charged molecules, including proteins and nucleic acids embedded in their membrane and lumen. At the interval between 1–30 MHz, the opacity of both vesicles dropped linearly, with an increased drop rate from 30–40 MHz. However, in the 40–50 MHz interval, the opacity increased at 45 MHz, followed by a decrease at 50 MHz. The fluctuation patterns in opacity at a higher range of frequency could potentially be correlated with the penetration of the electric field to the vesicles' lumens and their corresponding cytosolic conductance. However, to precisely correlate the membrane and cytosolic composition of nanovesicles with their frequency-dependent impedance, precise molecular analyses of vesicles, such as proteomic, lipidomic, and genomic, would need to be performed. This will be the subject of our future studies.

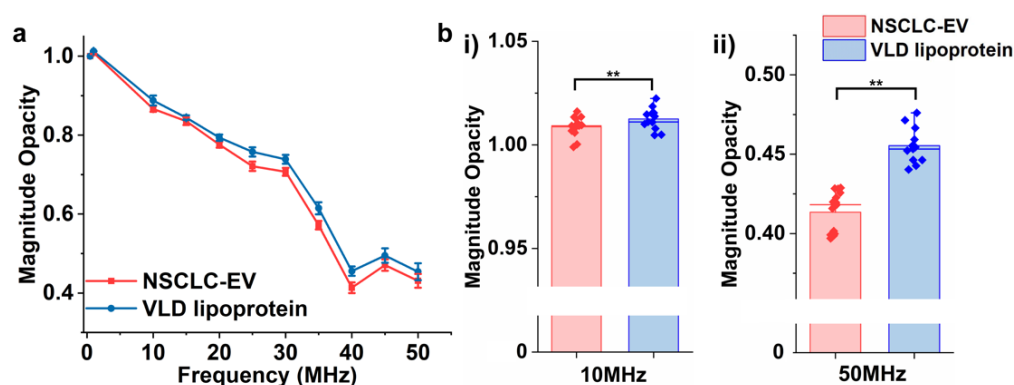


Figure 6. (a) Magnitude opacity spectrum of EVs derived from A549 non-small cell lung cancer (NSCLC) cell line and very low-density (VLD) lipoprotein. (b) Bar plots of magnitude opacity comparison of NSCLC and VLD lipoproteins at 10 MHz and 50 MHz. (** $P < 0.05$, $n = 12$).

3.6. Detection of EVs Derived from Different Cellular Origins

Detection of the dielectric properties of EVs harvested from different cellular origins is of particular interest since the secreted EVs could provide essential biochemical information, including nucleic acid and protein contents that were inherited from the parental cells [44]. Here, we utilized EVs harvested from two common cell lines, umbilical vein endothelial cells (HUVECs) and epithelial human breast cancer cells (MDA-MB-231), to investigate their differences by EIS. EVs secreted from MDA-MB-231 cells are widely studied for the enriched oncogenes in the lumen which lead to oncogenic transformation [45]. HUVEC cell lines were commonly used to study the role of angiogenic EVs secreted from MDA-MB-231 cell lines in tumor growth and metastasis [46]. When the impedance of EVs derived from these two cell lines were compared, significantly higher magnitude opacities were observed for MDA-MB-231-derived EVs at frequencies of 10 MHz to 20 MHz (Figures 7a and S13). However, as the frequency increased above 20 MHz, the difference between their opacities became insignificant (at 30 MHz and 40 MHz), and as the frequency reached 50 MHz, the opacity of EVs derived from HUVECs exceeded the EVs harvested from MDA-MB-231 cells. Given the previous observations, we postulated that the shift in magnitude opacity at frequencies above 30 MHz could potentially be caused by a dominant effect of cytosolic conductance in EVs which as a result overturned the difference in opacity caused by their membrane capacitance. Although these initial observations provide an insight with regard to cytosolic and membrane effects on EVs' dielectric properties at different ranges of the frequency spectrum, more comprehensive and precise studies of EVs' molecular profiles need to be conducted to correlate the exact role of membrane and cytosol with their frequency-dependent dielectric properties.

3.7. Detection of EVs with Different Size Distributions

Besides the effect of parental cells on EVs biochemical and biophysical characteristics, the heterogeneity of EVs in their size also adds to the complexity of their characterization [47]. It has been reported that EVs have different biochemical properties, including protein, lipid, and nucleic acid contents, at different size ranges [48,49]. For instance, Zhang et al. showed that EVs derived from an MDA-MB-231 cell line at different size ranges have different biochemical and biophysical properties, including zeta potential, stiffness, lipid composition, and proteomic and nucleic acid payload [48]. Thus, we measured the impedance of EVs derived from an MDA-MB-231 cell line at different size distributions to investigate the correlation between EVs' size and their dielectric properties. EVs derived from MDA-MB-231 cells were isolated utilizing a size-based sorting platform, ExoTIC, developed by our group [25]. Figure 7bi shows the magnitude opacity spectrum of EVs at different size ranges, and the results illustrated significant differences between each group of EVs (Figures 7bii,biii and S14). An interesting pattern in this set of data has been

observed in which the magnitude opacity increased as the EVs' size distribution increased, for instance, a lower magnitude opacity obtained for EVs with a 30–50 nm size range when compared to EVs with a 50–80 nm range, and so on. This could potentially be explained as a result of the relatively higher ratio of charged molecules, including nucleic acids and proteins, to the ratio of inert lipid bilayer membrane in EVs of smaller size when compared to EVs of a larger size. Although this preliminary data provides important information with regards to the correlation of EVs' size distribution and their dielectric properties, it is not feasible to report the exact causes of their impedance differences given the fact that each subpopulation is different in more than one biophysical and/or biochemical parameter. Thus, the EIS can be utilized as a tool to provide a rapid detection of EVs of different sizes, and a comprehensive downstream analysis of EVs' molecular profiles will be required to further study the effects of their membrane or cytosolic cargos.

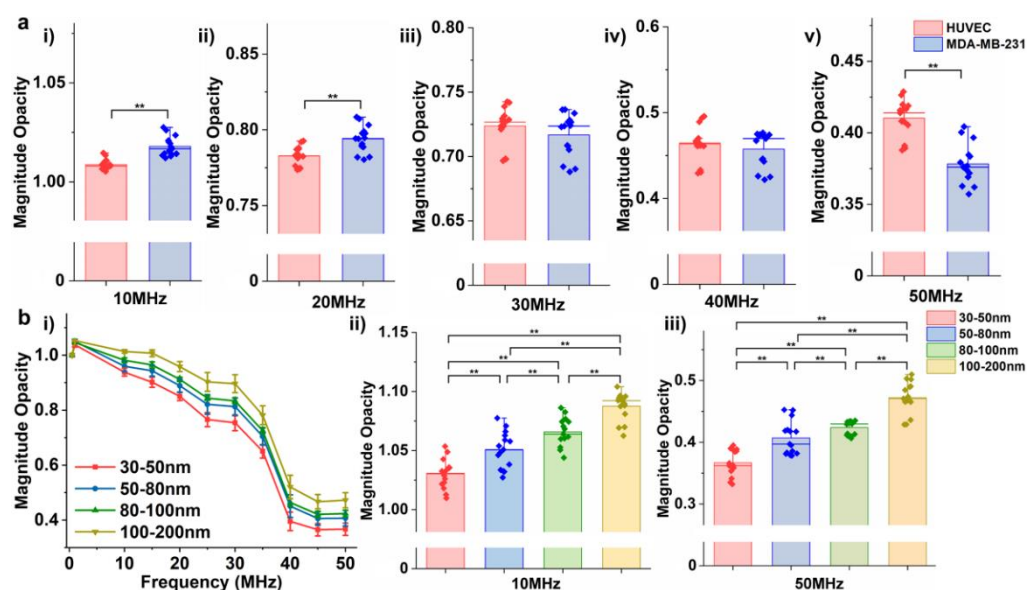


Figure 7. The magnitude opacity comparison of EVs extracted from (a) human umbilical vein endothelial cells (HUVECs) and epithelial human breast cancer (MDA-MB-231) cells. (** $P < 0.05$, $n = 15$.) (b) (i) Magnitude opacity spectrum of EVs at different size ranges isolated from an MDA-MB-231 cell line by ExoTIC. (ii,iii) Bar plots of magnitude opacity comparison of four EVs subsets at 10 MHz and 50 MHz. (** $P < 0.05$, $n = 15$.)

4. Conclusions

In summary, this study has reported a label-free biosensor for detection of EVs based on their unique dielectric properties. The system consisted of a micropipette-based dielectrophoretic device integrated with an EIS to measure the impedance of immobilized vesicles at a wide range of frequencies. The detection principle was mathematically modeled based on an equivalent circuit and was in agreement with empirical results when nanovesicles with known dielectric properties were tested. In addition, the system showed that EVs could be discriminated from lipoproteins which shared similar biophysical properties but differed in their biochemical compositions. Moreover, the system showed sensitivity for detecting EVs with different membrane compositions but the same cytosolic contents at a wide frequency spectrum (10–50 MHz). In addition, the impedance of EVs harvested from cells in different culture conditions and thus different functionality in terms of pro-inflammatory effect were detected at intermediate and high frequency ranges (10 MHz to 50 MHz).

Furthermore, the sensor could detect EVs derived from different cellular origins, which could be further utilized to rapidly characterize EVs in diagnostic and therapeutic applications. We also illustrated the capability of the EIS to differentiate EVs at different size distributions, which presented the heterogeneity of their dielectric properties

associated with their biochemical properties. Overall, this novel biosensor opens up a new way for rapid, label-free, and non-invasive characterization of a cluster of EVs (~1 million nanovesicles) based on their unique dielectric properties which can be associated with their charge-dependent membrane and cytosolic molecular contents. This technique also has great potential to be further evolved as a diagnostic tool for the detection of pathogenic EVs and can be applied for monitoring EV cargos in personalized therapeutics.

Supplementary Materials: The following supporting information [50–69] can be downloaded at: www.mdpi.com/article/10.3390/bios12020104/s1, Figure S1: (a) NTA results of liposomes CH:PC(1:10). (b) NTA result of liposomes CH:PC(10:1) synthesized by extrusion method; Figure S2: (a) An in vivo strategy to label EVs with GFP in a hepatocyte-specific manner. Recombination results in an inversion, and the region between the lox66–lox71 sites is reversed. EVtS-GFP can be expressed under the control of Cre-recombinase. (b) EVtS-GFP line was bred with albumin-cre mice (EVtS-GFPAlb-cre mice). Microscopy image showed the representative patterns of GFP expression in liver cells. (c) (i) Extracellular vesicles were collected from the conditioned medium of primary hepatocytes from EVtS-GFP mice (Alb-Cre negative and positive). (ii) Western blot analysis of GFP in collected EVs and lysates. The Flotillin-2/Flot2 was used as an EV marker; Figure S3: NTA results of EVs extracted from culture media of (a) control and (b) green fluorescent protein (GFP+) transgenic mouse primary hepatocytes; Figure S4: NTA results of EVs extracted from culture medium of HuH-7 cell lines: (a) control, (b) palmitate acid, (c) mixture of palmitate acid and GW4869; Figure S5: (a) Diagram of the electrical impedance measurement system (not to scale). The system consists of two modules: (1) a set of platinum electrodes (OD = 0.51 mm) placed across the micropipette (length = 3 cm), to apply 10 V/cm DC for vesicle entrapment; (2) another set of platinum electrodes (OD = 130 μ m) were previously placed across the pipette tip 20 μ m apart via a multi-micromanipulator system and the impedance signals were recorded and analyzed with a trans-impedance amplifier. (b) A picture of the setup in the microscope stage showing a micropipette tip immersed in 10 μ L PBS solution. Polydimethylsiloxane (PDMS) chamber with a 1 mm diameter opening was fabricated to fix the position of the micropipette. Trapping electrode was placed 2 mm away from the pipette tip; Figure S6: Data analysis based on the raw data obtained from the HF2LI impedance analyzer. (a) The output signals (raw data) were record as amplitude (mV) and phase ($^{\circ}$) at a wide frequency spectrum (0.5 MHz to 50 MHz). (b) The impedance spectrum obtained by converting the output amplitude signal to impedance based on the equivalent circuit; Figure S7: Schematic diagram of the HF2LI impedance analyzer. R_{in} (50 Ω) and R_s (50 Ω) are intrinsic resistors coupled in the impedance analyzer. Z_{mix} represents the impedance of a cluster of particles, V_{in} is the input voltage (100 mV), and V_{out} represents the measured output signal; Figure S8: Experimental data showing the magnitude opacity comparison among empty pipette (before entrapment) and liposome clusters extracted at two different time intervals at 20–50 MHz. ** $P < 0.05$; Figure S9: (a) An equivalent circuit model for the impedance measurement system. Liposomes in suspension are modeled as a capacitor C_p (membrane) and a resistor R_p (cytoplasm) in series based on the Foster and Schwan's simplified circuit model. (b) A magnitude opacity spectrum that exemplifies impedance shifts (dashed lines) upon a resistance change (ΔR_p) and capacitance change (ΔC_p) of particles. (c) Diagram of a single-shell model, representing a single vesicle in suspension. ϵ_m and σ_m represent the permittivity and conductivity of the medium; ϵ_{mem} and σ_{mem} depict the permittivity and conductivity of the membrane; ϵ_l and σ_l describe the permittivity and conductivity of the lumen; Figure S10: The magnitude opacity comparison of EVs derived from wildtype primary hepatocytes (GFP-) and GFP+ hepatocytes at (i)–(iii) 20–40MHz. (** $P < 0.05$, $n = 15$.); (iv) Bode plot of GFP- and GFP+ EVs as a function of frequency measured between 0.5 MHz and 50 MHz; Figure S11: Bode plot (amplitude (mV) and phase ($^{\circ}$)) of EVs from human hepatocellular carcinoma cell lines under: normal culture medium (EVs), PA-treated condition (EVs (PA)), and the mixture of PA- and GW4869 (EVs (PA + GW))-treated conditions, as a function of frequency measured between 0.5 MHz and 50 MHz; Figure S12: Magnitude opacity comparison of EVs derived from A549 non-small cell lung cancer (NSCLC) cell line and very low-density (VLD) lipoprotein at (i)–(iii) 20–40 MHz. (** $P < 0.05$, $n = 12$.) (iv) Bode plot of NSCLC-EV and VLD lipoprotein as a function of frequency measured between 0.5 MHz and 50 MHz; Figure S13: Magnitude opacity spectrum of EVs extracted from human umbilical vein endothelial cells (HUVECs) and epithelial human breast cancer (MDA-MB-231) cells. (iii) Bode plot of EVs from HUVEC and MDA-MB-231 cells as a function of frequency measured between 0.5 MHz and 50 MHz; Figure S14: The magnitude opacity of EVs derived from MDA-MB-231 cell line with different size ranges measured at (i)–(iii) 20–40 MHz. (** $P < 0.05$, $n = 15$.) (iv) Bode plot of four EV subsets as a function of frequency measured between 0.5 MHz and 50 MHz

Author Contributions: Conceptualization, L.E.; methodology, Y.Z., K.M., V.J.B. and M.O.O.; software, Y.Z.; validation, Y.Z.; formal analysis, Y.Z.; investigation, L.E. and Y.Z.; resources, Y.Z., T.N., K.M., V.J.B., M.O.O., U.D. and L.E.; data curation, Y.Z.; writing—original draft preparation, Y.Z.; writing—review and editing, L.E., T.N., M.O.O. and U.D.; visualization, Y.Z.; supervision, L.E.; project administration, L.E.; funding acquisition, L.E. and T.N. All authors have read and agreed to the published version of the manuscript.

Funding: This work was funded by NSF EAGER ECCS (2020112), NSF CAREER ECCS (2046037), R21 (CA240664), R01 (DK123181), and the Department of Pediatrics of Defense (W81XWVH1910038). This work was partially supported by the SPARK Program in the Stanford University School of Medicine (M.O.O., U.D.).

Institutional Review Board Statement: Not applicable.

Informed Consent Statement: Not applicable.

Data Availability Statement: Not applicable.

Acknowledgments: The authors thank L. Shi for generous assistance in developing the insulator-based dielectrophoretic trapping system, S. M. Shahid for assisting with the impedance data analysis, and D. Mahee for assisting with the acquisition of the microscopic pictures of the setup.

Conflicts of Interest: U. Demirci is a founder of and has an equity interest in: (i) DxNow, Inc., a company that is developing microfluidic IVF tools and imaging technologies for point-of-care diagnostic solutions; (ii) Koek Biotech, a company that is developing microfluidic technologies for clinical solutions; (iii) Levitas, Inc., a company focusing on developing microfluidic products for sorting rare cells from liquid biopsy in cancer and other diseases; (iv) Hillel, Inc., a company bringing microfluidic cell phone tools to home settings, and (v) Mercury Biosciences, a company developing extracellular vesicle isolation technologies.

References

1. Pegtel, D.M.; Gould, S.J. Exosomes. *Annu. Rev. Biochem.* **2019**, *88*, 487–514. <https://doi.org/10.1146/annurev-biochem-013118-111902>.
2. He, C.; Zheng, S.; Luo, Y.; Wang, B. Exosome Theranostics: Biology and Translational Medicine. *Theranostics* **2018**, *8*, 237–255. <https://doi.org/10.7150/thno.21945>.
3. Van der Pol, E.; Böing, A.N.; Harrison, P.; Sturk, A.; Nieuwland, R. Classification, Functions, and Clinical Relevance of Extracellular Vesicles. *Pharmacol. Rev.* **2012**, *64*, 676–705. <https://doi.org/10.1124/pr.112.005983>.
4. Azmi, A.S.; Bao, B.; Sarkar, F.H. Exosomes in cancer development, metastasis, and drug resistance: A comprehensive review. *Cancer Metastasis Rev.* **2013**, *32*, 623–642. <https://doi.org/10.1007/s10555-013-9441-9>.
5. Yamashita, T.; Takahashi, Y.; Nishikawa, M.; Takakura, Y. Effect of exosome isolation methods on physicochemical properties of exosomes and clearance of exosomes from the blood circulation. *Eur. J. Pharm. Biopharm.* **2016**, *98*, 1–8. <https://doi.org/10.1016/j.ejpb.2015.10.017>.
6. Zhang, W.; Peng, P.; Kuang, Y.; Yang, J.; Cao, D.; You, Y.; Shen, K. Characterization of exosomes derived from ovarian cancer cells and normal ovarian epithelial cells by nanoparticle tracking analysis. *Tumor Biol.* **2016**, *37*, 4213–4221. <https://doi.org/10.1007/s13277-015-4105-8>.
7. Atay, S.; Gercel-Taylor, C.; Kesimer, M.; Taylor, D.D. Morphologic and proteomic characterization of exosomes released by cultured extravillous trophoblast cells. *Exp. Cell Res.* **2011**, *317*, 1192–1202. <https://doi.org/10.1016/j.yexcr.2011.01.014>.
8. Van Der Pol, E.; Van Gemert, M.J.C.; Sturk, A.; Nieuwland, R.; Van Leeuwen, T.G. Single vs. swarm detection of microparticles and exosomes by flow cytometry. *J. Thromb. Haemost.* **2012**, *10*, 919–930. <https://doi.org/10.1111/j.1538-7836.2012.04683.x>.
9. De Rond, L.; van der Pol, E.; Bloemen, P.R.; Van Den Broeck, T.; Monheim, L.; Nieuwland, R.; van Leeuwen, T.G.; Coumans, F.A.W. A Systematic Approach to Improve Scatter Sensitivity of a Flow Cytometer for Detection of Extracellular Vesicles. *Cytometry A* **2020**, *97*, 582–591. <https://doi.org/10.1002/cyto.a.23974>.
10. Simpson, R.J.; Jensen, S.S.; Lim, J.W.E. Proteomic profiling of exosomes: Current perspectives. *Proteomics* **2008**, *8*, 4083–4099. <https://doi.org/10.1002/pmic.200800109>.
11. Schade-Kampmann, G.; Huwiler, A.; Hebeisen, M.; Hessler, T.; Di Berardino, M. On-chip non-invasive and label-free cell discrimination by impedance spectroscopy. *Cell Prolif.* **2008**, *41*, 830–840. <https://doi.org/10.1111/j.1365-2184.2008.00548.x>.
12. Sun, T.; Morgan, H. Single-cell microfluidic impedance cytometry: A review. *Microfluid. Nanofluid.* **2010**, *8*, 423–443. <https://doi.org/10.1007/s10404-010-0580-9>.
13. Feng, Y.; Huang, L.; Zhao, P.; Liang, F.; Wang, W. A Microfluidic Device Integrating Impedance Flow Cytometry and Electric Impedance Spectroscopy for High-Efficiency Single-Cell Electrical Property Measurement. *Anal. Chem.* **2019**, *91*, 15204–15212. <https://doi.org/10.1021/acs.analchem.9b04083>.

14. Bagnaninchi, P.O.; Drummond, N. Real-time label-free monitoring of adipose-derived stem cell differentiation with electric cell-substrate impedance sensing. *Proc. Natl. Acad. Sci. USA* **2011**, *108*, 6462–6467. <https://doi.org/10.1073/pnas.1018260108>.
15. Suhito, I.R.; Angeline, N.; Choo, S.-S.; Woo, H.Y.; Paik, T.; Lee, T.; Kim, T.-H. Nanobiosensing Platforms for Real-Time and Non-Invasive Monitoring of Stem Cell Pluripotency and Differentiation. *Sensors* **2018**, *18*, 2755. <https://doi.org/10.3390/s18092755>.
16. Cho, Y.; Kim, H.S.; Frazier, A.B.; Chen, Z.G.; Shin, D.M.; Han, A. Whole-Cell Impedance Analysis for Highly and Poorly Metastatic Cancer Cells. *J. Microelectromech. Syst.* **2009**, *18*, 808–817. <https://doi.org/10.1109/JMEMS.2009.2021821>.
17. Zhang, F.; Jin, T.; Hu, Q.; He, P. Distinguishing skin cancer cells and normal cells using electrical impedance spectroscopy. *J. Electroanal. Chem.* **2018**, *823*, 531–536. <https://doi.org/10.1016/j.jelechem.2018.06.021>.
18. Zhou, Y.; Basu, S.; Laue, E.; Seshia, A.A. Single cell studies of mouse embryonic stem cell (mESC) differentiation by electrical impedance measurements in a microfluidic device. *Biosens. Bioelectron.* **2016**, *81*, 249–258. <https://doi.org/10.1016/j.bios.2016.02.069>.
19. Song, H.; Wang, Y.; Rosano, J.M.; Prabhakarandian, B.; Garson, C.; Pant, K.; Lai, E. A microfluidic impedance flow cytometer for identification of differentiation state of stem cells. *Lab Chip* **2013**, *13*, 2300–2310. <https://doi.org/10.1039/C3LC41321G>.
20. Holmes, D.; Pettigrew, D.; Reccius, C.H.; Gwyer, J.D.; van Berkel, C.; Holloway, J.; Davies, D.E.; Morgan, H. Leukocyte analysis and differentiation using high speed microfluidic single cell impedance cytometry. *Lab Chip* **2009**, *9*, 2881–2889. <https://doi.org/10.1039/B910053A>.
21. Friedrich, R.; Block, S.; Alizadehheidari, M.; Heider, S.; Fritzsche, J.; Esbjörner, E.K.; Westerlund, F.; Bally, M. A nano flow cytometer for single lipid vesicle analysis. *Lab Chip* **2017**, *17*, 830–841. <https://doi.org/10.1039/C6LC01302C>.
22. Chen, C.; Zhu, S.; Wang, S.; Zhang, W.; Cheng, Y.; Yan, X. Multiparameter Quantification of Liposomal Nanomedicines at the Single-Particle Level by High-Sensitivity Flow Cytometry. *ACS Appl. Mater. Interfaces* **2017**, *9*, 13913–13919. <https://doi.org/10.1021/acsami.7b01867>.
23. Shi, L.; Kuhnell, D.; Borra, V.J.; Langevin, S.M.; Nakamura, T.; Esfandiari, L. Rapid and label-free isolation of small extracellular vesicles from biofluids utilizing a novel insulator based dielectrophoretic device. *Lab Chip* **2019**, *19*, 3726–3734. <https://doi.org/10.1039/C9LC00902G>.
24. Shi, L.; Rana, A.; Esfandiari, L. A low voltage nanopipette dielectrophoretic device for rapid entrapment of nanoparticles and exosomes extracted from plasma of healthy donors. *Sci. Rep.* **2018**, *8*, 6751. <https://doi.org/10.1038/s41598-018-25026-2>.
25. Liu, F.; Vermesh, O.; Mani, V.; Ge, T.J.; Madsen, S.J.; Sabour, A.; Hsu, E.-C.; Gowrishankar, G.; Kanada, M.; Jokerst, J.V.; et al. The Exosome Total Isolation Chip. *ACS Nano* **2017**, *11*, 10712–10723. <https://doi.org/10.1021/acs.nano.7b04878>.
26. Zhang, Y.; Rana, A.; Stratton, Y.; Czyzyk-Krzeska, M.F.; Esfandiari, L. Sequence-Specific Detection of MicroRNAs Related to Clear Cell Renal Cell Carcinoma at fM Concentration by an Electroosmotically Driven Nanopore-Based Device. *Anal. Chem.* **2017**, *89*, 9201–9208. <https://doi.org/10.1021/acs.analchem.7b01944>.
27. Krzywinski, M.; Altman, N. Significance, *P* values and *t*-tests. *Nat. Methods* **2013**, *10*, 1041–1042. <https://doi.org/10.1038/nmeth.2698>.
28. Di Biasio, A.; Ambrosone, L.; Cametti, C. The dielectric behavior of nonspherical biological cell suspensions: An analytic approach. *Biophys. J.* **2010**, *99*, 163–174. <https://doi.org/10.1016/j.bpj.2010.04.006>.
29. Shi, L.; Esfandiari, L. An Electrokinetically-Driven Microchip for Rapid Entrapment and Detection of Nanovesicles. *Micromachines* **2021**, *12*, 11. <https://doi.org/10.3390/mi12010011>.
30. Hoffman, R.A.; Johnson, T.S.; Britt, W.B. Flow cytometric electronic direct current volume and radiofrequency impedance measurements of single cells and particles. *Cytometry* **1981**, *1*, 377–384. <https://doi.org/10.1002/cyto.990010605>.
31. Haandbæk, N.; Bürgel, S.C.; Heer, F.; Hierlemann, A. Characterization of subcellular morphology of single yeast cells using high frequency microfluidic impedance cytometer. *Lab Chip* **2014**, *14*, 369–377. <https://doi.org/10.1039/C3LC50866H>.
32. Norlin, A.; Pan, J.; Leygraf, C. Investigation of interfacial capacitance of Pt, Ti and TiN coated electrodes by electrochemical impedance spectroscopy. *Biomol. Eng.* **2002**, *19*, 67–71. [https://doi.org/10.1016/S1389-0344\(02\)00013-8](https://doi.org/10.1016/S1389-0344(02)00013-8).
33. Naumowicz, M.; Petelska, A.D.; Figaszewski, Z.A. Capacitance and resistance of the bilayer lipid membrane formed of phosphatidylcholine and cholesterol. *Cell. Mol. Biol. Lett.* **2003**, *8*, 5–18.
34. Gawad, S.; Schild, L.; Renaud, P. Micromachined impedance spectroscopy flow cytometer for cell analysis and particle sizing. *Lab Chip* **2001**, *1*, 76–82. <https://doi.org/10.1039/B103933B>.
35. Yim, N.; Ryu, S.-W.; Choi, K.; Lee, K.R.; Lee, S.; Choi, H.; Kim, J.; Shaker, M.R.; Sun, W.; Park, J.-H.; et al. Exosome engineering for efficient intracellular delivery of soluble proteins using optically reversible protein–protein interaction module. *Nat. Commun.* **2016**, *7*, 12277. <https://doi.org/10.1038/ncomms12277>.
36. Nakamura, S.; Takamura, T.; Matsuzawa-Nagata, N.; Takayama, H.; Misu, H.; Noda, H.; Nabemoto, S.; Kurita, S.; Ota, T.; Ando, H.; et al. Palmitate Induces Insulin Resistance in H4IIEC3 Hepatocytes through Reactive Oxygen Species Produced by Mitochondria. *J. Biol. Chem.* **2009**, *284*, 14809–14818. <https://doi.org/10.1074/jbc.M901488200>.
37. Lee, Y.-S.; Kim, S.Y.; Ko, E.; Lee, J.-H.; Yi, H.-S.; Yoo, Y.J.; Je, J.; Suh, S.J.; Jung, Y.K.; Kim, J.H.; et al. Exosomes derived from palmitic acid-treated hepatocytes induce fibrotic activation of hepatic stellate cells. *Sci. Rep.* **2017**, *7*, 3710. <https://doi.org/10.1038/s41598-017-03389-2>.
38. Essandoh, K.; Yang, L.; Wang, X.; Huang, W.; Qin, D.; Hao, J.; Wang, Y.; Zingarelli, B.; Peng, T.; Fan, G.-C. Blockade of exosome generation with GW4869 dampens the sepsis-induced inflammation and cardiac dysfunction. *Biochim. Biophys. Acta Mol. Basis Dis.* **2015**, *1852*, 2362–2371. <https://doi.org/10.1016/j.bbadis.2015.08.010>.
39. Kakazu, E.; Mauer, A.S.; Yin, M.; Malhi, H. Hepatocytes release ceramide-enriched pro-inflammatory extracellular vesicles in an IRE1 α -dependent manner. *J. Lipid Res.* **2016**, *57*, 233–245. <https://doi.org/10.1194/jlr.M063412>.

40. Naumowicz, M.; Petelska, A.D.; Figaszewski, Z.A. Physicochemical analysis of phosphatidylcholine-ceramide system in bilayer lipid membranes. *Acta Biochim. Pol.* **2008**, *55*, 721–730.
41. McGrath, J.S.; Honrado, C.; Moore, J.H.; Adair, S.J.; Varhue, W.B.; Salahi, A.; Farmehini, V.; Goudreau, B.J.; Nagdas, S.; Blais, E.M.; et al. Electrophysiology-based stratification of pancreatic tumorigenicity by label-free single-cell impedance cytometry. *Anal. Chim. Acta* **2020**, *1101*, 90–98. <https://doi.org/10.1016/j.aca.2019.12.033>.
42. Feingold, K.R. Introduction to Lipids and Lipoproteins. In: Endotext. MDText.com, Inc., South Dartmouth (MA), USA; 2000. PMID: 26247089.
43. Sun, Y.; Saito, K.; Saito, Y. Lipid Profile Characterization and Lipoprotein Comparison of Extracellular Vesicles from Human Plasma and Serum. *Metabolites* **2019**, *9*, 259. <https://doi.org/10.3390/metabo9110259>.
44. Yáñez-Mó, M.; Siljander, P.R.M.; Andreu, Z.; Bedina Zavec, A.; Borràs, F.E.; Buzas, E.I.; Buzas, K.; Casal, E.; Cappello, F.; Carvalho, J.; et al. Biological properties of extracellular vesicles and their physiological functions. *Journal of Extracellular Vesicles* **2015**, *4*, 27066, <https://doi.org/10.3402/jev.v4.27066>.
45. Kruger, S.; Elmageed, Z.Y.A.; Hawke, D.H.; Wörner, P.M.; Jansen, D.A.; Abdel-Mageed, A.B.; Alt, E.U.; Izadpanah, R. Molecular characterization of exosome-like vesicles from breast cancer cells. *BMC Cancer* **2014**, *14*, 44. <https://doi.org/10.1186/1471-2407-14-44>.
46. Garcia-Hernandez, A.; Leal-Orta, E.; Ramirez-Ricardo, J.; Cortes-Reynosa, P.; Thompson-Bonilla, R.; Salazar, E.P. Linoleic acid induces secretion of extracellular vesicles from MDA-MB-231 breast cancer cells that mediate cellular processes involved with angiogenesis in HUVECs. *Prostaglandins Other Lipid Mediat.* **2021**, *153*, 106519. <https://doi.org/10.1016/j.prostaglandins.2020.106519>.
47. Gurung, S.; Perocheau, D.; Touramanidou, L.; Baruteau, J. The exosome journey: From biogenesis to uptake and intracellular signalling. *Cell Commun. Signal.* **2021**, *19*, 47.
48. Zhang, H.; Freitas, D.; Kim, H.S.; Fabijanic, K.; Li, Z.; Chen, H.; Mark, M.T.; Molina, H.; Martin, A.B.; Bojmar, L.; et al. Identification of distinct nanoparticles and subsets of extracellular vesicles by asymmetric flow field-flow fractionation. *Nat. Cell Biol.* **2018**, *20*, 332–343. <https://doi.org/10.1038/s41556-018-0040-4>.
49. Kowal, J.; Arras, G.; Colombo, M.; Jouve, M.; Morath, J.P.; Primdal-Bengtson, B.; Dingli, F.; Loew, D.; Tkach, M.; Théry, C. Proteomic comparison defines novel markers to characterize heterogeneous populations of extracellular vesicle subtypes. *Proc. Natl. Acad. Sci. USA* **2016**, *113*, E968–E977. <https://doi.org/10.1073/pnas.1521230113>.
50. Zhang, H. Thin-Film Hydration Followed by Extrusion Method for Liposome Preparation. In *Liposomes: Methods and Protocols*, D'Souza, G.G.M., Ed.; Springer New York: New York, NY, 2017; pp. 17–22.
51. Zhang, Z.; Lutz, B. Cre recombinase-mediated inversion using lox66 and lox71: Method to introduce conditional point mutations into the CREB-binding protein. *Nucleic Acids Res.* **2002**, *30*, e90. <https://doi.org/10.1093/nar/gnf089>.
52. Salem, E.S.B.; Murakami, K.; Takahashi, T.; Bernhard, E.; Borra, V.; Bethi, M.; Nakamura, T. Isolation of Primary Mouse Hepatocytes for Nascent Protein Synthesis Analysis by Non-radioactive L-azidohomoalanine Labeling Method. *J. Vis. Exp.* **2018**. <https://doi.org/10.3791/58323>.
53. Shen, B.; Wu, N.; Yang, J.M.; Gould, S.J. Protein targeting to exosomes/microvesicles by plasma membrane anchors. *J. Biol. Chem.* **2011**, *286*, 14383–14395. <https://doi.org/10.1074/jbc.M110.208660>.
54. Schwan, H.P. ELECTRODE POLARIZATION IMPEDANCE AND MEASUREMENTS IN BIOLOGICAL MATERIALS*. *Ann. N. Y. Acad. Sci.* **1968**, *148*, 191–209. <https://doi.org/10.1111/j.1749-6632.1968.tb20349.x>.
55. Foster, K.R.; Schwan, H.P. Dielectric properties of tissues and biological materials: A critical review. *Crit. Rev. Biomed. Eng.* **1989**, *17*, 25–104.
56. Ren, J.; He, W.; Zheng, L.; Duan, H. From structures to functions: Insights into exosomes as promising drug delivery vehicles. *Biomater. Sci.* **2016**, *4*, 910–921. <https://doi.org/10.1039/C5BM00583C>.
57. Théry, C.; Zitvogel, L.; Amigorena, S. Exosomes: Composition, biogenesis and function. *Nat. Rev. Immunol.* **2002**, *2*, 569–579. <https://doi.org/10.1038/nri855>.
58. Sabuncu, A.C.; Zhuang, J.; Kolb, J.F.; Beskok, A. Microfluidic impedance spectroscopy as a tool for quantitative biology and biotechnology. *Biomicrofluidics* **2012**, *6*, 034103. <https://doi.org/10.1063/1.4737121>.
59. Raicu, V. A simple theoretical and practical approach to measuring dielectric properties with an open-ended coaxial probe. *Meas. Sci. Technol.* **1995**, *6*, 410–414. <https://doi.org/10.1088/0957-0233/6/4/011>.
60. Asami, K. Dielectric dispersion in biological cells of complex geometry simulated by the three-dimensional finite difference method. *J. Phys. D: Appl. Phys.* **2006**, *39*, 492–499. <https://doi.org/10.1088/0022-3727/39/3/012>.
61. Sun, T.; Gawad, S.; Green, N.G.; Morgan, H. Dielectric spectroscopy of single cells: Time domain analysis using Maxwell's mixture equation. *J. Phys. D: Appl. Phys.* **2006**, *40*, 1–8. <https://doi.org/10.1088/0022-3727/40/1/s01>.
62. Maxwell, J.C. *A treatise on electricity and magnetism*; Clarendon press: 1873; Volume 1.
63. Sun, T.; Bernabini, C.; Morgan, H. Single-Colloidal Particle Impedance Spectroscopy: Complete Equivalent Circuit Analysis of Polyelectrolyte Microcapsules. *Langmuir* **2010**, *26*, 3821–3828. <https://doi.org/10.1021/la903609u>.
64. Sun, T.; Holmes, D.; Gawad, S.; Green, N.G.; Morgan, H. High speed multi-frequency impedance analysis of single particles in a microfluidic cytometer using maximum length sequences. *Lab. Chip.* **2007**, *7*, 1034–1040. <https://doi.org/10.1039/B703546B>.
65. Vahey, M.D.; Voldman, J. High-throughput cell and particle characterization using isodielectric separation. *Anal. Chem.* **2009**, *81*, 2446–2455. <https://doi.org/10.1021/ac8019575>.

66. Cui, L.; Holmes, D.; Morgan, H. The dielectrophoretic levitation and separation of latex beads in microchips. *Electrophoresis* 2001, 22, 3893–3901. [https://doi.org/10.1002/1522-2683\(200110\)22:18<3893::AID-ELPS3893>3.0.CO;2-2](https://doi.org/10.1002/1522-2683(200110)22:18<3893::AID-ELPS3893>3.0.CO;2-2).
67. Zhang, G.; Zhu, R. Effect of Parasitic Capacitance on Impedance Measurement and Model Extraction. *Electroanalysis* 2010, 22, 351–358. <https://doi.org/10.1002/elan.200900324>.
68. Yoon, G. Dielectric properties of glucose in bulk aqueous solutions: Influence of electrode polarization and modeling. *Biosens. Bioelectron.* 2011, 26, 2347–2353. <https://doi.org/10.1016/j.bios.2010.10.009>.
69. Kaatze, U. Complex permittivity of water as a function of frequency and temperature. *J. Chem. Eng. Data* 1989, 34, 371–374. <https://doi.org/10.1021/je00058a001>.